Editor: Jordan Eller & Steve Phillips Volume XLVI, Number 26

Rotary Club of Ventura-East • Official Newsletter and Bulletin

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# **Meeting February 4, 2010**

Reported by Jordan Eller



Tom Hashbarger introduced guests & visiting Rotarians.

President Jeff rang the bell and invited everyone to lunch, guests and visiting Rotarians first!

Jeff thanked our greeter Michelle Mercado. Our Inspirational Moment was given by Bob Lynn. Terry McBreen led us in the salute to the Flag.

Introduction of guests was done by Tom Hashbarger. Visiting Rotarian was Hoot

Bennet, guest of the club was Robert Jacobi and Craig Miller was a guest of Deborah Roberts.

February Birthdays was Terry McBreen on the 6th and Tom Hashbarger on the 8th. Vance and Jackie Thompson will celebrate thier anniversary on the 28th! Congratulations to all of you!

Presidents announcements:

February 13th the District will be hosting a Water Conference at CLU. Flyers are on your tables.

This is the last chance to sign up for the Fat Tuesday party on the 16th at Main Course California. Space is limited so we need you to RSVP for this event.

The District Assembly is March 27th and we need all Avenues of Service Directors and members of Wendy's



Bob Lynn gave our inspirational message.

board to plan on attending. It will be at Pacifica High School in Oxnard.

John Masterson has placed a form for a Rotary cruise



Husam Hishmeh needs 2 more drivers for job shadow day.

to Ensenada at your tables. Please fill out the forms and return them to John. This will be the 3 day weekend cruise that leaves Friday evening and returns Monday morning.

We are seeking a host family for a potential Exchange Student next year. If you or someone you know is interested, let Wendy Pazen know.

Avenues of Service Reports:

Vocational Service (Husam Hishmeh) - Job Shadow day is coming and we need 2 more volunteers to drive that morning.

International Service (Judy Hoag) - Our team to Nicaragua enjoyed thier trip and will be making a presentation to the club in 2 weeks.

Club Service (Wendy Pazen) - Hank Oster made an offer to host poker nights at his office with donations going towards our club foundation.

Happy Dollars - Nikki Sloan, Midge Stork, Jan Lindsay & Bob Pazen.

Tom Hashbarger led our Rotary Recognition session.

Meeting, cont'd on page 3

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**Web Addresses** 

www.rotaryventuraeast.org

R.I.: www.rotary.org • District 5240: www.rotarydistrict5240.org

## Presidents Message ...



**Jeff Hata**President 2009-2010

One of the things I like the best about our club is that we do good work and have fun while doing it. One of our other Ventura clubs makes the claim that they are the "friendliest" club in Ventura, but at Ventura-East, we have the "most" fun! This makes it, in my opinion, very enjoyable to do the good work that we do in our community and internationally.

Rocky and Nikki do a great job planning and scheduling our programs and I always find them

very enjoyable and informative. But every once and awhile we get a great program that really makes you think, very seriously. Our program given by Dr. Bentley was just such a program.

It was quite frankly difficult for me to listen to. It was difficult to rationalize in my mind how in our "modern" society, atrocities such as the "crimes" detailed by Dr. Bentley can happen today. In my first meeting I talked about how in Rotary you hear many many stories of people in real desperate need and how in the world can our club help? And then you come to the realization that we, as a club, cannot help everyone. That we must pick our projects and do the best job possible in the projects we do take part in. That the beauty of Rotary is that while we may not be able to help in the Congo, we can help in Nicaragua and make a real difference and there will be other clubs, such as the Rotary Club of Montecito who will take up the problems in the Congo and try to make a real difference in the lives of the women affected by the problems there.

Thank you Dr. Bentley for her work in the Congo and also thank you to our own Tom Crozier and Jan Lindsay for the work you continue to do in Nicaragua.

I appreciate the job that Rocky and Nikki do bringing us programs that really make us think and to be quite frank shock us at times. One thing that we can always count on at our weekly meetings is that we will have great programs and we will find a way to have fun!

YIRS Jeff Hata

### 2009 - 2010 Club Board of Directors

Jeff Hata	President
Wendy Pazen	President Elect
Deborah Roberts	Past President
Michelle Mercado	Secretary
Robert Lynn	Treasurer
Devere L. (Pete) Gallagher	Sergeant at Arms
Steve Phillips	Director 2007-2010
Nicolette Sloan	Director 2007-2010
Jordan Eller	Director 2009-2011
Henry Oster	Director 2008-2011
Deborah Perkins	Director 2009-2012
Robert Pazen	Director 2009-2012

#### Avenues of Service Directors

Wendy Pazen	Club Service
Husam Hishmeh	
Tom Swan	
Floyd Gill	
Judy Hoag	
Mark Smith	

### Rotary International Officers

	Founder of Rotary
	President, Rotary International
Luz Maria Ortiz-Smitl	h Governor, R.I. District 5240
Deepa Willingham	Governor Elect, R.I. District 5240
Wade Nomura	Governor Nominee District 5240
Dr. John Carroll (In M	1981-1982 (lemoriam)
Marc Vertin	P.D.G. 2002-2003
	P.D.G. 2003-2004
Jan Lindsay	P.D.G. 2004-2005
	P.D.G. 2005-2006
	P.D.G. 2006-2007
	P.D.G. 2007-2008
	P.D.G. 2008-2009

#### The Four Way Test

First ... Is it the TRUTH? Second ... Is it FAIR to all concerned? Third ... Will it build GOOD WILL and BETTER FRIENDSHIPS? Fourth ... Will it be BENEFICIAL to all concerned?



## Club Events

### **Programs**

Program Chair: Rocky Ludes

February 11, 2010

Quilting in the U.S. - Georganna Hawley February 18, 2010

Job Shadow Day - Husam Hishmeh February 25, 2910

Nicaragua Trip Recap - Jan Lindsay March 4, 2010

Skilled Nursing - Spencer Morris

### **Greeters**

February 11, 2010

Hank Oster & Bob Pazen

February 18, 2010

Wendy Pazen & Deborah Perkins

February 25, 2010

Ron Polito & Deborah Roberts March 4, 2010

Nikki Sloan & Bill Spellman

# Rotary Recognition Program Chair: Rich Stewart

February 11, 2010 - TBA

February 18, 2010 - TBA

February 25, 2010 - TBA

March 4, 2010 - TBA

## Meetings

**TBA** 

**New Member Training Session** 

February 18, 2010

Vocational Service

3rd Thu/Month, 1811 Knoll Dr. 5:30 PM

**February 1, 2010** 

Board of Directors Meeting

1st Tue/Month, DW's, 1985 S. Victoria Ave, 7:00 AM

March 8, 2010

Club Service

2nd Mon/Month, Carrows Telephone Rd. 5:30 PM

March 8, 2010

Community Service

2nd Mon/Month, Carrows Telephone Rd 5:30 PM

February 16, 2010

International Service

3rd Tue/Month, Marie Callendars (Victoria) Dr. Noon

March 11, 2010

**New Generations** 

2nd Thu/Month, 1811 Knoll Dr. 5:30 PM

**Every Monday** 

**Buena Interact Club** 

Buena High School, Room 48 12:30 PM

Our program today was introduced by Rocky Ludes. While all of our programs are informative, many are fun and a few are troubling. Today's program from Dr.

Victoria Bentley, on her relief work in the Congo, was certainly the latter.

Dr. Bentley retired as a psychologist specializing in victims of abuse. She took her first trip to the Congo a couple years ago, and began working with women victims of sexual abuse, but this initial focus has expanded (see empoweringcongowomen. com) and involves retraining of women and education of their children, plus



Dr. Victoria Bentley spoke about her relief work in the Congo.

health care and assistance with food and shelter.

There is a battlefield going on in the east side of the Congo, which is possibly the world's richest reserve of minerals. Roving armies hike trails to remote villages, then systematically publicly gang-rape the women in front of the whole tribe including their husband and children. Rape is the weapon of war in this area. The women who are not kept by the army as sex slaves are cast out of the tribe with their children since they have been "dishonored." This process is destroying the fabric of the culture.

The City of Bukavu is relatively safe. The population had been about 700,000 but has swelled to about 2 million due to refugees. The Panzi hospital in particular helps these victims. Dealing with the children of rape is another complex problem. There is an overall trauma of rejection. No place to go, no way to make a living, nowhere to stay. Women carry huge sacks of charcoal to earn a day's food.

Dr. Bentley described her efforts to apply her trauma psychology training to that culture – it didn't work well. She has, however. been using a "tapping" system of acupressure. No words are needed, just follow the instructor. Some women have been cured of insomnia and constant headaches.

Women have been empowered by learning trades and carrying on a business. Some learn sewing, others make pots or bags. She wants to help them make herbal medicinal soap, which will provide revenue to the women but also aid in sanitation and add some health benefits. Microloans have been given out with great success in repayment. To date, over 700 women have been helped through the entire project.

Dr. Bentley is a member of the Montecito Rotary Club, which has given its wholehearted support to this project. They work through the Rotary Club of Bukavu, Democratic Republic of Congo.

If you think this was a hard program to hear and watch, think what it must be like for those going to the Congo to help! Thank you, Victoria, for your extraordinary humanitarian work.

= Rockv

# Wheelchair ramp project strengthens club

By Antoinette Tuscano Rotary International News -- 9 February 2010

On a hot day about 13 years ago, as the mercury hit 100 degrees Fahrenheit, Rotarian Roy Gandy delivered an air conditioner to a polio survivor.

As Gandy was leaving, he saw the man crawl across his lawn to get to his truck and realized that without a wheelchair ramp, the man had no other way to leave his house on his own.

Moved by the sight, Gandy, a member of the Rotary Club of Madison County, Georgia, USA, returned a week later to build the man a 24foot-long ramp that Americans with met



Members of the Rotary Club of Madison County, Georgia, USA, christen a new wheelchair ramp built by the club. Photo courtesy of Roy Gandy

Disabilities Act specifications. Since then, Gandy and other members of his Rotary club have built more than 400 wheelchair ramps.

"You can't imagine how some of these people are really hurting," says Gandy of the recipients, most of whom would be isolated without a ramp. Even if recipients have a spouse, the spouses are often elderly and are not strong enough to lift them out of the house on their own.

A wheelchair ramp can cost as much as \$1,500 to have a contractor build, and many of the people in Gandy's rural community can't afford that. In the United States, if someone is not a war veteran, that person may not be eligible for federal funds for a ramp. And Gandy said state and local funds are typically unavailable in the Madison area.

At a cost of just \$300 to \$600 for materials, Gandy and his fellow club

Wheelchair, cont'd on page 5

## **Important Dates**

Drinking Water Conference	Feb. 13
Fat Tuesday Social	Feb. 16
P.E.T.S	
St. Patty's Day Parade	
Foundation Gala	Mar. 13
District Assembly	Mar. 27
Santa Anita Social	Apr. 17
Rotarians at Work Day	Apr. 24
RYLA	Apr. 22-25
D.G. Luz Maria Step Down	Jun. 12
R.I. Convention, Montreal	Jun. 20 - 23
Push-em Pull-em Parade	Jul. 4
Ventura County Fair Parade	Aug. 7
Harbor Fireworks Cruise	
Pumpkin PatchWeeker	ds in October
Halloween Fundraiser	Oct. 30
Children's Christmas Party	Dec. 23

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## **Wendy Pazen**

Office Manager

Dr. Robert L. Pazen **Optometry** 801 South Victoria Avenue Ventura, CA 93003 805/650-2020 Fax: 805/650-2024





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members build ramps for those who don't qualify for federal funds. The recipient pays nothing, although some decide to make small donations.

At first, Gandy didn't think his club would be building so many ramps, because the community only has about 25,000 people. But as word spread and the local newspaper printed an article on the effort, Gandy's club received more and more requests.

By necessity, club members have become more efficient. What once was an all-day project now takes a crew of 20 members less than two hours. The club owns a trailer loaded with everything needed, including a generator.

"It's gotten so we've done enough of them that we pull the trailer up and everyone knows what to do," Gandy says. "I'm so pleased with the program. It's a wonderful way to serve the community."

But the program has done more than help the community: It has also strengthened the club by attracting younger members who want to be part of the ramp-building effort, Gandy says.

## **Global Outlook**

By Paul Engleman -- February 2010

### Rotary's involvement in peace work began early

Although advancing the cause of world peace was not one of the original ideas behind Rotary, the concept took such a strong hold so early on that peace and Rotary have come to be inextricably linked in the minds of anyone familiar with the organization.

In 1914, at the onset of World War I, delegates to Rotary's international convention in Houston adopted a resolution that called for the convening of an international peace conference and urged all Rotarians to support worthy efforts such as the international peace movement. In September of that year, the Rotary Club of Minneapolis, Minnesota, USA, submitted a proposal to the International Association of Rotary Clubs asking that Rotarians become advocates for peace in their communities.



Rotary Peace Fellow Nai-Hua Wu recently spoke to incoming district governors at the 2010 International Assembly in San Diego, California, USA. Rotary Images/Alyce Henson

Peace, cont'd on page 6





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# Weekly Raffle

We did not have a raffle this week.



imasterson@cmhhospital.org

147 N. Brent St. Ventura, CA 93003 Peace, cont'd from page 5

In 1922, as the organization took the name Rotary International, the fourth object of Rotary was ratified: "The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service."

At the convention in Havana in 1940, delegates approved a resolution that identified "freedom, justice, truth, sanctity of the pledged word, and respect for human rights" as "vital to international peace" and called on each Rotarian to protect these principles. Even as World War II was raging, Rotarians were able to organize a conference in London, attended by representatives of 21 countries that laid out a plan for peace. This led to the formation of an international group that would later evolve into UNESCO, but not before the historic 1945 meeting in San Francisco at which the United Nations was chartered. About 40 Rotarians took part as delegates and observers at that meeting. Rotary played a critical role in the formative days of the UN, with five Rotarians elected to the post of president of the General Assembly during the first 12 years.

Throughout the second half of the century, Rotarians around the world continued to work for peace as individuals and in their local clubs, both through financial contributions and a wide range of projects to improve the quality of peoples' lives through health care and education. In 2002, The Rotary Foundation embarked on a new initiative that will help it imprint its peacemaking mark on the 21st century: an international studies program in conflict resolution at seven peace centers at prestigious universities on five continents.

With more than 400 alumni of the Rotary Centers for International Studies in peace and conflict resolution working in peace-related jobs throughout the world, Rotary is well on the way to achieving its goal of inspiring a new generation of peacemakers.

The best way to make your spouse and children feel secure is not with big deposits in the bank accounts, but with little deposits of thoughtfulness and affection in the "love account."

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Carbajal, Arnulfo	Environmental Health
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Clune, Harriet	Real Estate Management
Corliss, Andrew	Broadcasting
Coyner, Jeff	
Crozier, Thomas H	Real Estate Development
Doyle, Michael	Real Estate Management
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Gallagher, Devere L. (Pete)	
Gallagher, Richard	
Gray, Bill	
Hasan, Mohammed A., P.E., R.E.A.	
Hashbarger, Tom	
Hata, Jeff	
Hertel, Ronald	
Hicks, William	
Hishmeh, Husam	
Hoag, Judith	
Hoag, Will	
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Ludes, Rocky	
Lynn, Robert	
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McBreen, Terry	Real Estate, Investments
Mercado, Michelle	Bank Manager
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Norstedt, Chris	
Oster, Henry	
Pazen, Robert L., O.D.	Optometry

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