



The Rotary Club  
of Ventura-East

# The Breeze

Editor: Jeff Hata  
Volume XLVII, Number 25

Rotary Club of Ventura-East • Official Newsletter and Bulletin

Publisher: Jeff Hata  
January 6, 2011

## Programs

Program Chair: Rocky Ludes & Deborah Perkins

### January 6, 2011

Estate Planning - Cheri Kuman

### January 13, 2011

Life of Ronald Regan - Mel Cheatham

### January 20, 2011

Sheriff Geoff Dean - Sheriff Geoff Dean

### January 27, 2011

Avenues of Service

## Greeters

### January 6, 2011

Judy Hoag & Tim Hughes

### January 13, 2010

Robert Jacobi & Ken Kagan

### January 20, 2011

Jan Lindsay & Maria Lopez

### January 27, 2011

Rocky Ludes & Bob Lynn

## Club Events

## Important Dates

Rotary Foundation Gala .....	Jan. 4
Board of Directors Meeting.....	Jan. 5
District Mid-Terms (Oxnard).....	Jan. 8
District Mid-Terms (Bakersfield).....	Jan. 15
International Assembly .....	Jan. 19
Master PRLS4 .....	Jan. 22
Master PRLS1 .....	Feb. 5
SoCal PETS .....	Feb. 25 - 27
Master PRLS2 .....	Feb. 26
Ventura Chamber of Commerce Breakfast.....	Mar. 3
Fat Tuesday Party!!! .....	Mar. 8
Irish Festival .....	Mar. 12
Master PRLS5 .....	Mar. 12
Basic PRLS .....	Apr. 8
District Assembly .....	Apr. 9
RYLA .....	Apr. 15 - 17
R.I. Convention New Orleans .....	May 22 - 25
Wendy Pazen's Stepdown.....	Jun 10
Deepa Willingham's Stepdown.....	Jun 25

## Fundraisers

### Nightmare on the Hill

October 29, 2011???

Next meeting is

at

time

### Poinsettia Sales

Delivery Date

December 1, 2011

### Youth Soccer Tournament

Date TBA

Next meeting is

at

time

## Raffle Prize Donors

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## Web Addresses

[www.RotaryVenturaEast.org](http://www.RotaryVenturaEast.org) • [www.IrishFestivalVentura.org](http://www.IrishFestivalVentura.org)  
R.I.: [www.rotary.org](http://www.rotary.org) • District 5240: [www.rotarydistrict5240.org](http://www.rotarydistrict5240.org)

## Presidents Message ...



**Wendy Pazen**  
President 2010-2011

**HAVE A HAPPY,  
HEALTHY AND  
PROSPEROUS  
NEW YEAR!**

**CHEERS TO 2011!!**

Have an amazing end of the year! Make a difference!

Wendy



*Bill Spellman, Bob Pazen, Wendy Pazen & R.I. President Ray Klinginsmith at the District 5240 Gala.*

### 2010 - 2011 Club Board of Directors

Wendy Pazen .....	President
Tom Swan .....	President Elect
Jeff Hata .....	Past President
Jordan Eller .....	Secretary
Robert Lynn .....	Treasurer
Devere L. (Pete) Gallagher .....	Sergeant at Arms
Deborah Roberts .....	Director 2009-2011
Henry Oster .....	Director 2008-2011
Deborah Perkins .....	Director 2009-2012
Robert Pazen .....	Director 2009-2012
John Masterson .....	Director 2010-2013
.....	Director 2010-2013

### Avenues of Service Directors

Tom Swan .....	Club Service
Bill Spellman .....	Vocational Service
Craig Miller .....	Community Service
Floyd Gill .....	New Generations
Judy Hoag .....	International Service
Mark Smith .....	Interact

### Rotary International Officers

Paul P. Harris .....	Founder of Rotary
Ray Klinginsmith .....	President, Rotary International
Deepa Willingham .....	Governor, R.I. District 5240
Wade Nomura .....	Governor Elect, R.I. District 5240
Frank Ortiz .....	Governor Nominee District 5240
Dr. John Carroll (In Memoriam) .....	P.D.G. 1981-1982
Arnie Dowdy .....	P.D.G. 2003-2004
Jan Lindsay .....	P.D.G. 2004-2005
Sally Adelblue .....	P.D.G. 2005-2006
Rich Abbott .....	P.D.G. 2006-2007
Jane McClenahan .....	P.D.G. 2007-2008
Anil Garg .....	P.D.G. 2008-2009
Luz Maria Ortiz-Smith .....	P.D.G. 2009-2010

### The Four Way Test

First ... Is it the TRUTH? Second ... Is it FAIR to all concerned? Third ... Will it build GOOD WILL and BETTER FRIENDSHIPS? Fourth ... Will it be BENEFICIAL to all concerned?



# Meeting December 23 & 30, 2010

Reported by Jeff Hata



Alison Thompson gave our Inspirational Message.

Past President Bob Pazen invited everyone to lunch, guests and visiting Rotarians first!

Past President Bob thanked our greeters Jeff Hata & Tom Hashbarger.

Andreas Anderson, Tom Swan's Grandson, led us in the salute to the Flag. Alison Thompson gave our Inspirational Message..

Terry McBreen announced that our raffle today was a \$50 Best Buy card donated by Nikki Sloan.

Presidents Announcements:

December 30th will be a joint meeting with the Downtown club right here at the Poinsettia Pavilion. There will be a White Elephant gift exchange and the program will be the Ventura Deep Six Swimmers. (see page 6 for more details).

January 4th will be the Foundation Gala featuring Rotary International President Ray Klinginsmith. The theme will be Mardi Gras/Hoe Down and will be at the Santa Ynez Marriott.

District Mid-Terms will be on January 8th and the Poverty Conference will be January 29th.

Avenues of Service Reports:

There were no Avenues of Service reports.

Happy Dollars: Deborah Roberts, Nikki Sloan, Midge Stork, Harriet Clune, Danielle Brinkman, Georganna Hawley, John Borneman & Jordan Eller

Terry McBreen then conducted our raffle and the lucky winner of the \$50 Best Buy gift card donated by Nikki Sloan was Thorn Anderson. Congratulations Thorn.

John Borneman then gathered all the children up and read "Twas the Night Before Christmas". After the reading John the led us in a few Christmas Carols and then who should appear, Santa Claus! Santa then gave out gifts.

To end our meeting, Past President Bob presented the kitchen and wait staff for Scofield Catering with Christmas

Cards and a Christmas tip for the great work they do for us throughout the year.

Our program for December 23rd was the Children's Christmas Party and our program for the joint December 30th meeting was the Ventura Deep Six Relay Team.

To finish out the last program of 2010 to the combined Ventura and Ventura-East Rotary Clubs, Jim McConica, told of the world record-breaking Ventura Deep Six ocean swim team. He was team leader of the 202 mile, 4 ½ day open water relay. The course took them from Ventura to Santa Barbara and then to La Jolla Cove near San Diego. Jim personally holds a number of world swimming records.

## The Hotel

The main vessel was 125' long and included 27 rooms and private baths, a hot tub, washer and dryer and other amenities. In addition to the six swimmers, some family accompanied them plus a 9-person film crew, 4 official observers, a reporter from the Star and a few others.

## In the water

Although they followed the coastline, their course was as much as 25 miles off of land. The swimmers were guided in the water with their Zodiac boat which had guidance equipment on it. Especially at night and in fog, the swimmers would have no idea which way to swim. The water temperature was particularly cold for two days, getting down to 54° at one point. No wet suits are allowed for this competition. Shark protection was available with a "shark shield" which acts like a Taser to the sharks. They had a problem with jellyfish. Jim described the pain and mark left on his face. Finally, Jim experienced flesh-eating fish at night! He kicked one off of him that may have been 6-8" long.

## Challenges

Their relay rotation was to swim one hour every six hours. Jim's schedule was 6 a.m., noon, 6 p.m. and midnight. The number problem was getting enough



Santa paid us a visit today!



Terry McBreen conducted our raffle.

Meeting, cont'd from page 3

sleep. At the most, Jim had 3 hours of sleep. But after getting out of the cold water, the swimmer had to warm their body, then eat, and then sleep. When the swim was over, all they wanted to do is sleep. They had a dispute with the boat's captain. All we know is they completed the journey on the same boat.

**Before the swim**

They had agreed as a team to have no negative discussions between them. No complaining. The result was they built a very strong team, both physically and mentally.

**After the swim**

They have had magazine articles, interviews and more. Swimmer magazine's interviewer asked the question, What secrets did you not tell your teammates before than you can tell now? One of the teammates had received an email the day before they began the relay – his best friend's cancer had returned and it didn't look good.

Jim was amazed when he found over 1,000 people were following his Facebook page. His favorite post was from his daughter which contained a picture of his granddaughter Abby sleeping. The caption: I was up all night cheering for you and now I have to sleep.

Team members were from 40-60 years of age:

- Mike Shaffer, 45. Fastest on the team. A tri-athlete.
- Jim Neitz had made great improvements in swimming.
- John Chung, 40. The stallion.
- Tom Ball, 51, owns a Karate studio
- Kurt Baron, 46, and
- Jim McConica, 60.

**Jim's messages for us**

1. We earn the right to perform well. We do this every single day, in everything we do.

2. Get your mind right. This axiom ties into the goal of getting rid of negative thoughts. Your body will follow your mind. This is especially true in sports.

Before taking questions, Jim gave us a quote from Aristotle that was printed on his business cards: "We are what we repeatedly do. Excellence, therefore, is not an act but a habit."

Our Rotary Clubs thanked Jim with both applause and a standing ovation.

Rocky Ludes

Note: The Ventura Deep Six Relay Team won the 2010 Open Water Performance of the Year! Congratulations to them on this award also, Jeff

**Rotary Club of Ventura-East**

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**Weekly Raffle**

Our weekly raffle was a \$50 Best Buy gift card generously donated by Nikki Sloan.

We raised \$100 this week bringing our total to \$2185 for this Rotary Year!

Our lucky winner was Thorn Anderson! Congratulations Thorn.

Remember, all proceeds from the weekly raffle go directly to help fund college scholarships for Buena High School Seniors

Again, thank you to Nikki Sloan for their generous donation and congratulations to Thorn Anderson!



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Chartered May 23, 1963

District 5240

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Anderson, David .....	Architecture	Norstedt, Chris .....	Honorary Member
Beckwith, Robert E. ....	Office Equipment	Oster, Henry .....	Internal Medicine
Borneman, John .....	Songleading	Pazen, Robert L., O.D. ....	Optometry
Brinkman, Danielle .....	Accountant	Pazen, Wendy .....	Office Management
Canton, Rafael, M.D. ....	Psychiatry	Perkins, Deborah .....	Family Law
Carbajal, Arnulfo .....	Environmental Health	Polito, Ron .....	Commercial Real Estate
Clune, Harriet .....	Real Estate Management	Roberts, Deborah .....	Communications
Corliss, Andrew .....	Broadcasting	Rook, Mark .....	Funeral Director
Crozier, Thomas H. ....	Real Estate Development	Shilton, Thomas E. ....	Pharmacy
Doyle, Michael .....	Real Estate Management	Sloan, Nicolette .....	Banking, Business Loans
Eller, Jordan .....	Banking, Mortgage Lending	Smith, Mark Corbin .....	Religion, Protestant
Emch, James H., C.P.A. ....	General Accounting	Spellman, William J., D.D.S. ....	Prosthetic Dentistry
Gallagher, Devere L. (Pete) .....	Automobile Servicing	Stewart, Richard E. ....	Banking, Real Estate Loans
Gallagher, Richard .....	Stock & Bond Sales	Stork, Midge, CFP, CSPG .....	Financial Planning, Investments
Gill, Floyd .....	Banking, Management	Strohman, Joseph, Jr. ....	Business Law
Gonzalez, Jesse .....	Automotive, Repair & Sales	Swan, Thomas .....	Investment Advisor
Gray, Bill .....	Property Management	Thompson, Allison .....	CPA
Hashbarger, Tom .....	Health Services	Thompson, Vance, CLU, ChFC .....	Insurance, Financial Planning
Hata, Jeff .....	Printing	Turner, Donna .....	Honorary Member
Hertel, Ronald .....	Real Estate Land Development	Waddell, Sandy .....	Contractor-Portable Buildings
Hicks, William .....	Domestic Automobiles, Retail	Widders, Monte L. ....	General Law
Hishmeh, Husam .....	Restaurateur, Franchisee	Whitman, Diana .....	Honorary Member
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Jacobi, Robert .....	Restaurateur		
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Lindsay, Jan Corwin, C.P.A. ....	Small Business Accounting		
Lopez, Maria .....	Education		
Ludes, Rocky .....	CPA Tax		
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