



The Rotary Club
of Ventura-East

The Breeze

Editor: Jeff Hata
Volume LI, Number 15

Rotary Club of Ventura-East • Official Newsletter and Bulletin

Publisher: Jeff Hata
October 31, 2013

Programs

Program Chair: Robert Pazen

October 31, 2013

Flying to Santa Rosa Island - Tom Koff

November 7, 2013

Advocacy for Children - Miriam Mack

November 14, 2013

Pension reform in Ventura County - David Grau

November 21, 2013

D.A.'s Office: White Collar Crime - Mark Leventhal

Greeter

October 31 - Wendy Pazen

November 7 - Jim Emch

November 14 - Judy Hoag

November 21 - Wendy Pazen

November 28 - Dark

Club Events

Important Dates

Master PRLS3	Nov 16
Master PRLS3	Nov 23
Poinsettia Plant Delivery	Dec 5
Master PRLS1	Dec 14
Children's Christmas Party	Dec 19
Rose Parade Float Decorating	Dec 29
Joint Meeting (East, South, Downtown)	Jan 2
Mid-year District Meeting	Jan 11
Master PRLS2	Jan 18
STEPS Poverty Conference	Jan 25
Master PRLS5	Feb 15
PETS	Feb 20-23
Basic PRLS	Mar 22
District Assembly	Mar 29
RYLA	Apr 12-15
Master PRLS3	Apr 12
Master PRLS4	Apr 26

Fundraisers

Poinsettia Sales

Delivery Date

December 5, 2013

Eclectic Music Festival

CANCELLED

for information on fundraisers go to:
www.RotaryVenturaEast.org

Avenues of Service Meetings

Club Service	TBD
Vocational Service	TBD
Community Service	TBD
New Generations	TBD
International Service	TBD

Avenues of Service Meetings

Marketing	TBD
Membership	TBD

Rotary Club of Ventura-East on social media ...

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twitter

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Web Addresses

www.RotaryVenturaEast.org • www.RCVEConcert.com
R.I.: www.rotary.org • District 5240: www.rotarydistrict5240.org

Message from our RI President Ron Burton

Dear fellow Rotarians,

Our goal in 2013-14 is to Engage Rotary, Change Lives . All of us know that Rotary has incredible potential to do good work. It's time to recognize how much more we could be doing and start working on new ways to turn that potential into reality. We're going to do this by engaging Rotarians – by getting them involved, by getting them inspired, and by making sure that all Rotarians know just what a gift they have in Rotary.

We're going to make sure that the work we do in Rotary is solid, effective, and sustainable. And we're going to make sure that Rotary itself will last – by committing to our goal of 1.3 million Rotarians in our clubs by the year 2015.

That goal is a little different from membership goals we've had in the past. The goal isn't just bringing in new members. The goal is growing Rotary. The goal is making Rotary bigger, not just with more members, but with more involved, engaged, motivated members who will be the ones to lead us into our future.

Each of us has our own reason for joining Rotary – but I believe we all want to make a difference. We all want to be doing something meaningful. That is absolutely essential for us to remember when we talk about membership.

We're not asking just anyone to join Rotary. We're looking to attract busy, successful, motivated people who care. We're asking them to take their valuable time and give it to Rotary. So if they say yes, and they come and join our club, then we'd better be showing them that their time in Rotary is well spent.

We have to make sure that every Rotarian, in every club, has a meaningful job – one that makes a real difference to the club and the community. Because when you're doing something meaningful in Rotary, Rotary is meaningful to you.

In Rotary, we all have something to give. At every stage of our lives and our careers, Rotary has something for all of us – a way to let us do more, be more, and give more. Rotary gives our lives more meaning, more purpose, and greater satisfaction. And the more we give through Rotary, the more Rotary gives back to us in return.

2012 - 2013 Club Board of Directors

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Jordan Eller	Past President
Wendy Pazen	Secretary
Robert Lynn	Treasurer
Carol Marquez-Olson	Sergeant at Arms
Deborah Roberts	Director 2011-2014
Vance Thompson.....	Director 2011-2014
Ken Kagan.....	Director 2012-2015
Laura Shannon.....	Director 2012-2015
Bruce McGee.....	Director 2013-2015
Bob Pazen.....	Director 2013-2015

Avenues of Service Directors

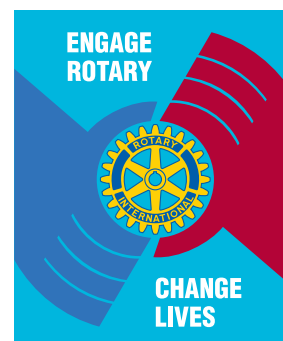
Dave Anderson.....	Club Service
Joe Strohmman	Vocational Service
Alison Thompson.....	Community Service
Bill Spellman.....	New Generations
Judy Hoag	International Service
Mark Smith	Interact

Rotary International Officers

Paul P. Harris.....	Founder of Rotary
Ron D. Burton.....	President, Rotary International
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Loretta Butts	Governor Elect, R.I. District 5240
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Rich Abbott.....	P.D.G. 2006-2007
Jane McClenahan.....	P.D.G. 2007-2008
Anil Garg.....	P.D.G. 2008-2009
Luz Maria Ortiz-Smith.....	P.D.G. 2009-2010
Deepa Willingham	P.D.G. 2010-2011
Wade Nomura	P.D.G. 2011-2012
Frank Ortiz.....	P.D.G. 2012-2013

The Four Way Test

First ... Is it the TRUTH? Second ... Is it FAIR to all concerned? Third ... Will it build GOOD WILL and BETTER FRIENDSHIPS? Fourth ... Will it be BENEFICIAL to all concerned?



Meeting October 31, 2013

Reported by Jeff Hata



Bill Hicks won our raffle today!

Past President Bob Pazen invited everyone to lunch, guests and visiting Rotarians first!

Joe Strohman led us in the Flag Salute.

Bob Lynn introduced guests and visiting Rotarians. Visiting Rotarian from Santa Barbara was Jordan Ellers' father.

Midge Stork gave our Inspirational Message.

Bob Pazen spoke about an article that Judy Hoag provided about Andy Corliss being recognized as one of 25 Ventura County Residents over 50 years old who have made a difference in our community. Congratulations Andy!

Avenues of service:

BBQ - Bruce McGee said we raised about \$1,200 from the Thousand Oaks Street Fair. For future BBQ's to be worthwhile we would need a minimum of about 2,500 - 3,000 people to justify the work required to put the BBQ on.

Judy Hoag reminded everyone to keep pushing Poinsettia orders.

Vance Thompson announced that our raffle prize was a \$50 gift card to Nordstroms donated by Laura Shannon.

Happy \$'s: Joe Strohman, Todd Juvonen and Bob Lynn.

Bob Pazen filled the club on upcoming meetings and then introduced our speaker, Marlyss Auster, who filled us in on what's happening in Ventura.

After our speaker, Vance conducted the raffle and our lucky winner was Bill Grey.



Bruce McGee spoke about the great things our BBQ Team is doing!!!

Partnering with Mercy Ships to fight disease in Guinea



A Rotary team boards the Africa Mercy, a 500-foot floating hospital, to provide a stream of care and compassion to ports of call.

Photo Credit: Mercy Ships

A team of health professionals is touring Donka hospital in Conakry, Guinea, in March when they spot more than a dozen large, greenish masses covering the ground. To the U.S. team members, they look like an art installation; in fact, they are hospital gowns and surgical drapes, laundered and spread out to dry. They are a vivid example of the group's objective: to lower deadly infection rates caused by unsterile procedures.

This Rotary Foundation vocational training team is the first to serve under Rotary's partnership with the nonprofit Mercy Ships. Rotary District 7690 in North Carolina, USA, sponsored the team with a packaged grant, part of the new Rotary grant model that launched worldwide 1 July. The team's five members will train Guinean health professionals at the two national hospitals.

The Africa Mercy, a 500-foot oceangoing hospital ship, is docked in Conakry for a 10-month medical mission. The Mercy Ships staff and visiting experts, such as this team, will tackle a range of tasks, including setting up medical and dental clinics, conducting health screenings, performing surgeries on board, and conducting health care outreach throughout the country. The ship also will serve as a steel-hulled security blanket.

"Mercy Ships looks for ways to continue helping local medical professionals after the ship leaves port," says

Mercy, cont'd on page 4

Michelle Bullington, who helped advise the team. "Improving sterilization techniques would have a sustainable impact."

Rick Snider, former governor of District 7690, worked on a Mercy Ships vessel for five years with his wife, Linda, and coordinated the Guinea project. He recruited assistant governor Jenny Braswell as team leader. A recently retired public health official, Braswell has volunteered on numerous Rotary projects in rural Nicaragua and Jamaica. Her husband, Sherrill, a physician, became Braswell's first recruit for the Guinea team. She handpicked the rest from among former public health colleagues in North Carolina.

In Guinea, the team's work begins with a tour of the century-old Ignace Deen Hospital. Laundered gauze bandages droop over railings to dry in the sun for reuse. The well-worn examination tables have no sterile paper, and the medical units are nearly devoid of supplies and equipment such as autoclaves and medical waste boxes. Doctors and nurses provide their own rubber gloves and sterile masks and gowns. Germ-killing bleach is rare.

In the generally clean wards, the patients' family members sleep under the beds; they are the main caretakers. Food is stored on the floor where it is accessible to vermin, and flies and mosquitoes glide freely through doorways kept open to contend with the heat.

The team also visits Donka hospital, where toilets are flushed with water from a pail, and power outages are common. "The staff members touch patients without gloves, going patient to patient without washing hands. There are unbandaged wounds, flies and roaches, open sewage right outside a patient facility and no sterile barriers," says Sherrill Braswell, adding an observation that he later repeats so often it sounds like a campaign slogan: "They are doing the best they can with what they have."

For a week, the team provides training in reducing infections, covering topics such as using surgical gloves, masks, and gowns; controlling rats and mosquitoes; disinfecting with bleach; tracking infectious diseases; and hand-washing.

"Fifty percent of hospital-associated infections could be prevented with hand-washing," Lyon says. Knowledge gaps soon become apparent. A serious misunderstanding exists about hand sanitizer: that it causes germs to stick to the hands. "It is important to clarify that hand sanitizer kills bacteria" – particularly in a place where running water is unreliable, Jenny Braswell says. An exchange on wound care illuminates the need to treat wounds immediately to avoid infection instead of waiting until symptoms appear.

Mercy, cont'd on page 5

Rotary Club of Ventura-East

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Ventura, California 93006

info@RotaryVenturaEast.org

Clubs Nearby ...

Ventura-South	12:00 pm	Monday	Wedgewood Banquet Center
Santa Paula	12:00 pm	Monday	The Glen Tavern Inn
Ojai West	7:00 am	Tuesday	Soule Park GC
Camarillo Breakfast	7:00 am	Tuesday	Spanish Hills GC
Oxnard	12:10 pm	Tuesday	Courtyard by Marriott
Fillmore Sunrisers	6:45 am	Wednesday	Varies, go to their website
Ventura	12:00 pm	Wednesday	The Derby Club
Camarillo	12:00 pm	Wednesday	Camarillo Center for Spiritual Living
Oxnard Sunrise	7:30 am	Thursday	Tomas Cafe
Fillmore	12:05 pm	Thursday	The Fillmore & Western Train
Ojai	12:00 pm	Friday	Soule Park GC

Jeff Hata

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Donka's director, Hadja Fatou Sikhé Camara, says her hospital wants to reduce infection, "but we lack the equipment and supplies. We are willing to do what you do, but as an undeveloped country, we lack the means."

When Sherrill Braswell presses for what is needed to reduce infections, the answer is lengthy: more autoclaves, antibiotics, vaccines, bed nets, and rubber gloves, in addition to computers for blood analysis and a water tower to maintain running water. Of six operating rooms, only the new maternity units have UVGI (ultraviolet germicidal irradiation), a standard sterilization method.

After decoding the health system and enduring the non-gridded power, the team accomplishes its objectives, at least according to pre- and post-tests that show significant learning. Positive results also are evident in the participants, who voice a new commitment to educating family caregivers.

Even small changes could have a big impact, the team says. "If they could get patients and caregivers to wash their hands, and if they would hang up the surgical drapes instead of drying them on the ground, significant improvement would result," Jenny Braswell observes.

But the lack of supplies and equipment cannot be ignored, she notes. Providing bars of soap would help, as would arranging for inexpensive solar-powered autoclaves for sterilizing surgical instruments.

Back home in North Carolina, the team is continuing its work by trying to acquire and deliver materials the hospitals need. "The hospital workers are able to do the job," Braswell says. "But they need the supplies."

Read the full version of this story in the November 2013 issue of The Rotarian

By Kate Nolan
The Rotarian
28-Oct-2013

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Weekly Raffle

Our raffle prize this week was \$50 gift card to Nordstroms Rack donated by Laura Shannon.

Our lucky winner was Bill Grey.

We have raised \$85 today bringing our total to \$1,425 for this Rotary year.

Congratulations Bill and thank you to Laura Shannon for your generous donation.



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Cleaning up on Global Handwashing Day



Boys at St. Famille School in Les Cayes, Haiti, wash their hands in a fountain donated by the Rotary Club of Les Cayes. The fountain was purchased with money donated to The Rotary Foundation Earthquake Relief Fund, which helped to rebuild classrooms following the January 2012 earthquake.

Photo Credit: Rotary International/Alyce Henson

The most effective and least expensive way to reduce disease and save lives is easier than you think. Simply washing your hands with soap and water can do more to prevent diarrhea, death by malnutrition, and dehydration than any single vaccine or medical intervention, according to scientific studies.

On 15 October, Global Handwashing Day, millions of people in more than 100 countries will take part in activities promoting this practice. Rotary brings its own expertise and diverse perspectives to such efforts by providing access to clean water and sanitation.


Rotary members in Argentina and Georgia, USA, have been working together since 2009 on the Better Health Through Better Hygiene project. Clubs provide books and personal hygiene kits to kindergarten and first-grade students in the suburbs of Buenos Aires. They also supply teachers with posters and manuals to help them promote better hygiene, as well as equipping the schools with soap, hand sanitizer, and dispensers to encourage regular hand washing at school.

In the Dominican Republic, Rotary clubs launched an ambitious campaign to teach the importance of hand washing to schoolchildren. A live, one-hour program will be televised across the country on Global Handwashing Day. Public service announcements on the radio, on television, and in newspapers, funded by a Rotary Foundation grant, will also promote this health initiative.

Learn more about Rotary's work in water and sanitation.

By Arnold R. Grahl

Rotary News 15-Oct-2013




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Rotary Club of Ventura-East, Membership List 100% Paul Harris Fellow Club

District 5240

Chartered May 23, 1963

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Anderson, David	Architecture	Pazen, Robert L., O.D.	Optometry
Beckwith, Robert E.	Office Equipment	Pazen, Wendy	Office Management
Borneman, John	Songleading	Polito, Ron	Commercial Real Estate
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