



The Rotary Club
of Ventura-East

The Breeze

Editor: Jeff Hata
Volume LI, Number 43

Rotary Club of Ventura-East • Official Newsletter and Bulletin

Publisher: Jeff Hata
May 29, 2014

Programs

Program Chair: Robert Pazen

May 29, 2014

TBA

June 5, 2014

Scholarships

June 12, 2014

Knowing Jacques Cousteau - Margery Spielman

Greeter

May 29 - Ken Kagan

June 5 - Wendy Pazen

June 12 - TBA

June 19 - TBA

June 26 - TBA

Club Events

Important Dates

RI Convention..... Jun 1 - 4
Board Meeting.....Jun 4
Step Down Luncheon.....Jun 29

Fundraisers

Poinsettia Sales

Delivery Date

December 4, 2014

for information on fundraisers go to:

www.RotaryVenturaEast.org

Avenues of Service Meetings

Club Service TBD

Vocational Service TBD

Community Service TBD

New Generations TBD

International Service TBD

Avenues of Service Meetings

Marketing TBD

Membership TBD

Raffle Scholarship Donor

May 29 - Husah Hishmeh

June 5 - Jordan Eller

June 12 - Dick Gallagher

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Web Addresses

www.RotaryVenturaEast.org • www.RCVEConcert.com
R.I.: www.rotary.org • District 5240: www.rotarydistrict5240.org

Message from our RI President Ron Burton

Dear fellow Rotarians,

Our goal in 2013-14 is to Engage Rotary, Change Lives . All of us know that Rotary has incredible potential to do good work. It's time to recognize how much more we could be doing and start working on new ways to turn that potential into reality. We're going to do this by engaging Rotarians – by getting them involved, by getting them inspired, and by making sure that all Rotarians know just what a gift they have in Rotary.

We're going to make sure that the work we do in Rotary is solid, effective, and sustainable. And we're going to make sure that Rotary itself will last – by committing to our goal of 1.3 million Rotarians in our clubs by the year 2015.

That goal is a little different from membership goals we've had in the past. The goal isn't just bringing in new members. The goal is growing Rotary. The goal is making Rotary bigger, not just with more members, but with more involved, engaged, motivated members who will be the ones to lead us into our future.

Each of us has our own reason for joining Rotary – but I believe we all want to make a difference. We all want to be doing something meaningful. That is absolutely essential for us to remember when we talk about membership.

We're not asking just anyone to join Rotary. We're looking to attract busy, successful, motivated people who care. We're asking them to take their valuable time and give it to Rotary. So if they say yes, and they come and join our club, then we'd better be showing them that their time in Rotary is well spent.

We have to make sure that every Rotarian, in every club, has a meaningful job – one that makes a real difference to the club and the community. Because when you're doing something meaningful in Rotary, Rotary is meaningful to you.

In Rotary, we all have something to give. At every stage of our lives and our careers, Rotary has something for all of us – a way to let us do more, be more, and give more. Rotary gives our lives more meaning, more purpose, and greater satisfaction. And the more we give through Rotary, the more Rotary gives back to us in return.

2013 - 2014 Club Board of Directors

Tim Hughes	President
Dave Andersson	President Elect
Jordan Eller	Past President
Wendy Pazen	Secretary
Todd Juvonen	Treasurer
Carol Marquez-Olson	Sergeant at Arms
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Vance Thompson.....	Director 2011-2014
Ken Kagan.....	Director 2012-2015
Laura Shannon.....	Director 2012-2015
Bruce McGee.....	Director 2013-2016
Bob Pazen.....	Director 2013-2016

Avenues of Service Directors

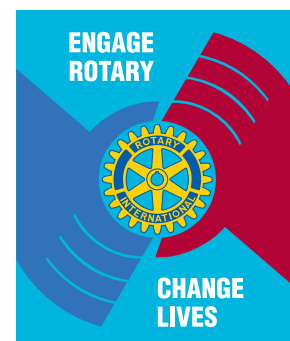
Dave Anderson.....	Club Service
Joe Strohmman	Vocational Service
.....	Community Service
Jeff Hata	New Generations
Judy Hoag	International Service
.....	Interact

Rotary International Officers

Paul P. Harris.....	Founder of Rotary
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Jack McClenahan.....	Governor, R.I. District 5240
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Anil Garg.....	P.D.G. 2008-2009
Luz Maria Ortiz-Smith.....	P.D.G. 2009-2010
Deepa Willingham	P.D.G. 2010-2011
Wade Nomura	P.D.G. 2011-2012
Frank Ortiz.....	P.D.G. 2012-2013

The Four Way Test

First ... Is it the TRUTH? Second ... Is it FAIR to all concerned? Third ... Will it build GOOD WILL and BETTER FRIENDSHIPS? Fourth ... Will it be BENEFICIAL to all concerned?



Meeting May 22, 2014

Reported by Jeff Hata



Cake made by Interact in honor of Pastor Smith

President Tim rang the bell and invited everybody to enjoy lunch, guests and visiting Rotarians please go first.

President Tim thanked Rafa Canton for greeting.

Joe Strohman led us in the Flag Salute.

PE Dave Anderson introduced guests and visiting Rotarians. Visiting us from the Rotary Club of Santa Paula was Marilyn Applebee.

Guests from Buena for the bake sale were Natalie

Debbas, Julie Newton, Kate Newton, Jasmine Baines, Maria Desai & Sam Banks.

President Tim read excerpts from letters written by our RYLA students.

President Tim announced the passing of Pastor Mark Smith on Monday the 19th and then led us in an invocation for Pastor Smith.

We did not have a scholarship drawing due to the bake sale.

John Borneman then led us in a song.

President Tim told a joke ... "There was a study that showed that women who carry a little extra weight live longer than men who tell them about it."

President Tim thanked Joe Strohman for the Student of the Quarter presentations last week.

PE Dave Anderson thanked everyone who signed up for work duties, ie. greeter, inspirational message ... but a new year is coming so we all need to sign up for duties next year.

PEN Bruce McGee needs 5 - 6 people for a BBQ in Camarillo on May 31st from 4 - 7 pm.

President Tim told us that Interact made a cake in honor of Pastor Smith and to please have a piece.



Bill Spellman stepped in for John Masterson and conducted the Bake Sale

Happy \$'s: Husam Hishmeh, Rafael Canton, Bruce McGee, John Borneman and Alison Thompson.

Joe Strohman and Ken Kagan are partnering on programs next year. If you know of a potential program, please let them know.

We then had our Bake Sale which totaled \$2,453. President Tim asked for additional donations and will have a total next week.



One of the beautiful cakes sold today!

A very melancholy issue ...

Jeff Hata

Today as I put together this issue of the Breeze I am definitely in a melancholy mood. This issue is particularly hard to do because it is the issue after our annual Bake Sale.

As the Bake Sale was going on, I could only think about the fact that I would not be seeing Pastor Smith on Friday. Every year for the last 10 years, Pastor Smith would come in on Friday with a letter to the club thanking the club for its generosity and continued support for Buena Interact.

I thought about the many times Pastor Smith would come in to pick-up letterheads and envelopes to send out invitations to join Buena Interact with. The many committee meetings and board meetings I was at with Pastor Smith.

The one message that Pastor Smith always gave to me was how positive he was about our youth and how energized the Interactor's made him feel. Pastor Smith was definitely committed to the Buena Interact club and there is no doubt that the Buena Interact club became such a vibrant living club because of Pastor Smith.

I will miss Pastor Smith very much and every time we have a Bake Sale or Interactor's visit the club I know I will feel a pain in my heart, but I will also know that Pastor Smith is home now and will be looking down on us as we carry on the work he has started with Buena Interact.

Training nurses to save mothers and babies in East Africa



*Rotary scholar Irene Okang'a (second from right) joins classmates at the Aga Khan University graduation ceremony held on the Kenya campus. Okang'a is a neonatal nurse at AIC Kijabe Hospital in Kenya.
Photo Credit: Jennifer Huxta*

Josephine Awor doesn't need statistics to know Uganda struggles to provide adequate health care to expectant mothers and babies. As a nurse who has worked with vulnerable populations in areas affected by conflict in South Sudan, she's seen firsthand what happens when mothers are forced to deliver and care for newborns without medical assistance.

Still, the numbers don't lie.

According to the World Bank, 310 women die in Uganda for every 100,000 live births, compared with just 21 in the United States and 12 in the United Kingdom. Infants fare even worse. In Uganda, 45 out of 1,000 infants never reach the age of one, compared with six in the U.S. and just four in the U.K.

Kenya and Tanzania's infant and maternal mortality rates are as disturbing as those found in neighboring Uganda. Add in the HIV/AIDS crisis, poverty, and inadequate -- or nonexistent -- clinics and it's clear that programs like these are needed more than ever in East Africa.

Improving maternal health is one of the UN's eight Millennium Development Goals, which seeks to reduce the maternal mortality ratio by three-quarters and achieve universal access to reproductive health by 2015. To address this challenge, The Rotary Foundation and Aga Khan University (AKU) are working together to provide nursing professionals, like Awor, the skills and education they need to

nurses, cont'd on page 5

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info@RotaryVenturaEast.org

Clubs Nearby ...

Ventura-South	12:00 pm	Monday
		Wedgewood Banquet Center
Santa Paula	12:00 pm	Monday
		The Glen Tavern Inn
Ojai West	7:00 am	Tuesday
		Soule Park GC
Camarillo Breakfast	7:00 am	Tuesday
		Spanish Hills GC
Oxnard	12:10 pm	Tuesday
		Courtyard by Marriott
Fillmore Sunrisers	6:45 am	Wednesday
		Varies, go to their website
Ventura	12:00 pm	Wednesday
		The Derby Club
Camarillo	12:00 pm	Wednesday
		Camarillo Center for Spiritual Living
Oxnard Sunrise	7:30 am	Thursday
		Tomas Cafe
Fillmore	12:05 pm	Thursday
		The Fillmore & Western Train
Ojai	12:00 pm	Friday
		Soule Park GC

Jeff Hata

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improve the lives of mothers and their children in East Africa.

"I need to be empowered to serve the poor and contribute to the government's efforts," says Awor.

She is one of 24 students who received Rotary scholarships to advance their nursing education at one of AKU's three East Africa campuses: Nairobi, Kenya; Dar es Salaam, Tanzania; and Kampala, Uganda. In February, the first class of students in the scholarship program graduated with either a Registered Nurse or Bachelor of Science in Nursing degree.

Through a packaged grant, Rotary provided financial support -- about \$14,000 per student -- to cover tuition, books, and room and board, among other things. To be eligible for the program, applicants had to live where AKU's East African campuses are located, and their career goals had to focus on improving child and maternal health issues -- an area of focus for Rotary.

During the two-year nursing program the students worked, participated in community outreach activities, and received mentoring from Rotary leaders in their community. Yet despite their hectic schedules, many of the nurses graduated at the top of their classes. Awor beat out students on all three campuses to graduate with the highest honors in the Bachelor of Science in Nursing program.

Sam Farouk Mukasa-Kajubi, an AKU Rotary coordinator, says mentoring was a key component of the program, which sought to instill confidence and improve communication skills in the students as well as educate them.

"It was about turning the nursing students into professionals," he adds.

Part of his role as an area coordinator was to work with local Rotary clubs to identify community leaders who could mentor the students. Mentors not only encouraged students to perform well in school, they also taught them financial management and personal safety. The mentor program also introduced the students to the values and humanitarian goals of Rotary.

"The students are now on committees in their hospitals. They are carrying out programs to teach health care to men and women in their communities. And they are taking part in outreach programs," says Mukasa-Kajubi, a member of the Rotary Club of Kololo-Kampala in Uganda.

Because the program met just two days a week, the students -- many with families and careers -- were able to return to their jobs and community each week and put their knowledge to practical use.

"The experience has made me realize that we need to be mindful of those who may not be able to take care of themselves," says Awor. "There is always someone out there who is willing and compassionate to help them."

By Maureen Vaught
Rotary News
27-May-2014

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Weekly Raffle

We did not have a raffle this week.



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New Ugandan club takes on challenges of a growing economy



*Members of the Rotary Club of Nkumba, Uganda, help to refurbish a water well, resulting in a 40 percent increase of water flow.
Photo Credit: Courtesy of Michael Muriithi*

Despite three years of strong economic growth and a burgeoning middle class, the central Ugandan city of Entebbe is still mired in high poverty rates, inadequate health care, and water insecurity.

In 2010 the United Nations established the Regional Service Centre Entebbe, which is a logistical launch pad for UN missions in Central Africa. The permanent UN hub brought tens of thousands of military and civilian personnel and their families to the area. While the economic boost created a growing consumer class, it's failed to trickle down to the poorest citizens.


When Michael Muriithi moved there about a year ago, he knew a Rotary club could address the disparity.

“There are still large and immediate challenges facing our communities,” says Muriithi, formerly a member of the Rotary Club of Kumpala East. “This is where Rotary is at its best, finding solutions to these problems.”

Instead of joining the Rotary Club of Entebbe, Muriithi worked with its members to establish a new club that would address concerns of one of the city's largest villages, Nkumba.

Muriithi began recruiting members in early 2013. “I called my friends and colleagues and asked if they were interested in starting a new club. Once they saw how much impact we could have on the community, they

Uganda, cont'd on page 8




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Rotary Club of Ventura-East, Membership List 100% Paul Harris Fellow Club

District 5240

Chartered May 23, 1963

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Anderson, David	Architecture	Polito, Ron	Commercial Real Estate
Bomeman, John	Songleading	Ponce De Leon, Augie	Honorary Member
Canton, Rafael, M.D.	Psychiatry	Potts, Cari Ann	Attorney
Cerasuolo, Josh	Professional Carpet Cleaning	Shannon, Laura	Wholesale Pet Supply
Clune, Harriet	Real Estate Management	Shilton, Thomas E.	Pharmacy
Corliss, Andrew	Broadcasting	Spellman, William J., D.D.S.	Prosthetic Dentistry
DuBois, Eric	Funeral Director	Stewart, Richard E.	Banking, Real Estate Loans
Eller, Jordan	Banking, Mortgage Lending	Stork, Midge, CFP, CSPG	Financial Planning, Investments
Emch, James H., C.P.A.	General Accounting	Strohman, Joseph, Jr.	Business Law
Gallagher, Devere L. (Pete)	Automobile Servicing	Swan, Thomas	Investment Advisor
Gallagher, Richard	Stock & Bond Sales	Thompson, Allison	CPA
Gill, Floyd	Banking	Thompson, Vance, CLU, ChFC	Insurance, Financial Planning
Gray, Bill	Property Management	Turner, Donna	Honorary Member
Hashbarger, Tom	Health Services	Waddell, Sandy	Contractor-Portable Buildings
Hata, Jeff	Printing	Widders, Monte L.	General Law
Hertel, Ronald	Real Estate Land Development	Whitman, Diana	Honorary Member
Hicks, William	Domestic Automobiles, Retail	Word, Jim	Department Store
Hishmeh, Husam	Restaurateur, Franchisee	Yuncker, Chuck	Honorary Member
Hoag, Judith	Real Estate Sales, Residential		
Hoag, Will	Honorary Member		
Hughes, Tim	Real Estate Sales, Residential		
Jimenez, Richard	Honorary Member		
Juvonen, Todd	Financial Services		
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Kruetz, Nicole	Banking		
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Ludes, Rocky	CPA Tax		
Lynn, Robert	Jewelry		
Marquez-Olson, Carol	Travel Agency		
Marsh, Sam	Secondary Education		
Masterson, John A.	Foreign Automobiles, Retail		
McGee, Bruce	Wholesale Foods		
Norman, Richard M.	Trial Law		
Norstedt, Chris	Honorary Member		
Noville, Robert	Civil Engineering (Retired)		
Pazen, Robert L., O.D.	Optometry		

not only joined but began to spread the word to their friends. It wasn't hard -- they were excited to get started," says Muriithi.

After months of provisional status, the Rotary Club of Nkumba was officially chartered in December, becoming the 75th Rotary club in Uganda. Muriithi serves as the 40 member-club's inaugural president. The club has a young base with the average age of 35, according to Muriithi.

Members decided to focus their activities on improving health care in Nkumba and the surrounding area.

Earlier this year, the club raised more than \$2,000 to dig and construct a new latrine pit for Nkumba's Kitala Health Centre after the old one was closed due to unsanitary conditions. The center is the only public medical facility in the area, serving a population of almost 600,000, most of whom can't afford private health care, according to the club.

At the start of the project, the club had the option of paying a company to do the demolition of the old latrine or doing it themselves. The decision was easy. "We made a promise to be a hands-on club, so along with other volunteers, did the work ourselves," he says. "This built camaraderie among our members. It also increased Rotary's visibility to the public."

They constructed latrines for women and for men, as well as one for staff. The club estimates the latrine pits will last up to 20 years. During the construction, the club also handed out new clothes and blankets to every new mother in the facility.

Club members also turned their attention to clean water. They funded and facilitated the rehabilitation of a major water well, resulting in an increase of 40 percent more clean water. Muriithi says they are planning on improving four more wells by the end of the year.

"I'm proud to be a part of this new adventure and excited at what we can achieve," he says. "But our success will only be defined by the work we do. This club is made of the people who are dedicated to making a change. That's the Rotary way."

By Ryan Hyland
Rotary News
20-May-2014