



The Rotary Club
of Ventura-East

The Breeze

Editor: Jeff Hata
Volume LI, Number 37

Rotary Club of Ventura-East • Official Newsletter and Bulletin

Publisher: Jeff Hata
April 17, 2014

Programs

Program Chair: Robert Pazen

April 17, 2014

Transportation in Ventura - Erin Brown

April 24, 2014

The Importance of Non-Profits - Doug Halter

May 1, 2014

Job Shadow - Bill Spellman

May 8, 2014

Doing Medical Mission work in Africa - Kevin White, MD

Greeter

April 17 - Jim Emch

April 24 - TBA

May 1 - Wendy Pazen

May 8 - TBA

May 15 - Jordan Eller

Fundraisers

Poinsettia Sales

Delivery Date
December 4, 2014

for information on fundraisers go to:
www.RotaryVenturaEast.org

Avenues of Service Meetings

Club Service	TBD
Vocational Service	TBD
Community Service	TBD
New Generations	TBD
International Service	TBD

Avenues of Service Meetings

Marketing	TBD
Membership	TBD

Club Events

Important Dates

Master PRLS3	Apr 12
Bob Beckwith Memorial	Apr 17
RYLA	Apr 24-27
Club Social	Apr 24
Master PRLS4	Apr 26
Norm Weitzel Memorial	Apr 27
Board Meeting	May 7
RI Convention	Jun 1 - 4
Board Meeting	Jun 4
Step Down Luncheon	Jun 29

Raffle Scholarship Donor

April 17 - Tom Swan

April 24 - Rich Stewart

May 1 - Bill Gray

May 8 - Ken Kagan

May 15 - John Masterson

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Web Addresses

www.RotaryVenturaEast.org • www.RCVEConcert.com
R.I.: www.rotary.org • District 5240: www.rotarydistrict5240.org

Message from our RI President Ron Burton

Dear fellow Rotarians,

Our goal in 2013-14 is to Engage Rotary, Change Lives . All of us know that Rotary has incredible potential to do good work. It's time to recognize how much more we could be doing and start working on new ways to turn that potential into reality. We're going to do this by engaging Rotarians – by getting them involved, by getting them inspired, and by making sure that all Rotarians know just what a gift they have in Rotary.

We're going to make sure that the work we do in Rotary is solid, effective, and sustainable. And we're going to make sure that Rotary itself will last – by committing to our goal of 1.3 million Rotarians in our clubs by the year 2015.

That goal is a little different from membership goals we've had in the past. The goal isn't just bringing in new members. The goal is growing Rotary. The goal is making Rotary bigger, not just with more members, but with more involved, engaged, motivated members who will be the ones to lead us into our future.

Each of us has our own reason for joining Rotary – but I believe we all want to make a difference. We all want to be doing something meaningful. That is absolutely essential for us to remember when we talk about membership.

We're not asking just anyone to join Rotary. We're looking to attract busy, successful, motivated people who care. We're asking them to take their valuable time and give it to Rotary. So if they say yes, and they come and join our club, then we'd better be showing them that their time in Rotary is well spent.

We have to make sure that every Rotarian, in every club, has a meaningful job – one that makes a real difference to the club and the community. Because when you're doing something meaningful in Rotary, Rotary is meaningful to you.

In Rotary, we all have something to give. At every stage of our lives and our careers, Rotary has something for all of us – a way to let us do more, be more, and give more. Rotary gives our lives more meaning, more purpose, and greater satisfaction. And the more we give through Rotary, the more Rotary gives back to us in return.

2013 - 2014 Club Board of Directors

Tim Hughes	President
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Jordan Eller	Past President
Wendy Pazen	Secretary
Todd Juvonen	Treasurer
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Vance Thompson.....	Director 2011-2014
Ken Kagan.....	Director 2012-2015
Laura Shannon.....	Director 2012-2015
Bruce McGee.....	Director 2013-2016
Bob Pazen.....	Director 2013-2016

Avenues of Service Directors

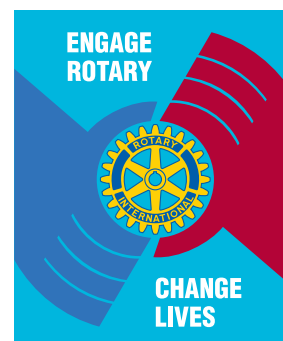
Dave Anderson.....	Club Service
Joe Strohman	Vocational Service
.....	Community Service
Jeff Hata	New Generations
Judy Hoag	International Service
Mark Smith	Interact

Rotary International Officers

Paul P. Harris.....	Founder of Rotary
Ron D. Burton.....	President, Rotary International
Jack McClenahan.....	Governor, R.I. District 5240
Loretta Butts	Governor Elect, R.I. District 5240
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Sally Adelblue.....	P.D.G. 2005-2006
Rich Abbott.....	P.D.G. 2006-2007
Jane McClenahan.....	P.D.G. 2007-2008
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Deepa Willingham	P.D.G. 2010-2011
Wade Nomura	P.D.G. 2011-2012
Frank Ortiz.....	P.D.G. 2012-2013

The Four Way Test

First ... Is it the TRUTH? Second ... Is it FAIR to all concerned? Third ... Will it build GOOD WILL and BETTER FRIENDSHIPS? Fourth ... Will it be BENEFICIAL to all concerned?



Meeting April 10, 2014

Reported by Jeff Hata



John Borneman gave our inspirational message.

President Tim rang the bell and invited everybody to enjoy lunch, guests and visiting Rotarians please go first.

Tom Swan led us in the Salute to the Flag.

John Borneman gave our inspirational message.

Dave Anderson introduced guests and visiting Rotarians.

Visiting Rotarian from Ojai was Allen Jacobs. Guest of Rich Stewart was former member Jeff Coyner.

Midge Stork announced that our raffle prize was \$50 cash donated by President Tim.

Ron Polito gave our joke of the day.

President Tim missed last week because he was out of town celebrating his birthday with his wife. Vance Thompson had his hip replaced last Friday.

Midge Stork showed a birdhouse made by Jim Word from a 150 year old railroad tie.

P.E. Dave Anderson showed off the new Rotary shirt he bought at PETS.

President Tim thanked P.E. Dave for running the meeting last week.

Vocational Service - Joe Strohman let us know that the winners of the 4-Way Test essay contest will be introduced next week. Joe Strohman also let us know about the Law Day 5K.

Bill Spellman reminded us that Job Shadow will be on May 1st. Natalie Debbas has lined up CMH, Fast Undercar, the Fire Department maintenance yard and hopefully, with the help of Rich Stewart, the Rubicon. Wendy Pazen volunteered to take the Fire Department group.

Bob Beckwith's memorial service will be on April 17th

at the Poinsettia Pavilion. Norm Weitzel's memorial service will be April 27th at the Masonic Lodge.

We will have a club social at Discovery on April 24th.

John Borneman led us in a song.

President Tim auctioned off the birdhouse made by Jim Word and Laura Shannon beat out Ron Polito with a \$120 bid!

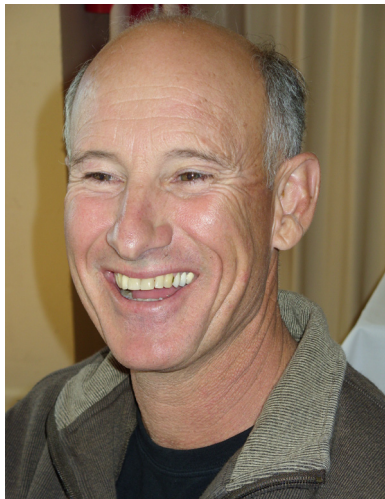
President Tim announced that the Step Down Dinner would be a picnic at Arroyo Verde Park on June 29th from 10 - 3.

Happy \$'s: John Masterson, Ron Polito, Dick Gallagher, Tim Hughes, John Borneman, Wendy Pazen & Midge Stork.

Midge Stork conducted the raffle and our lucky winner was Tom Swan!



The memorial service for Bob Beckwith will be April 17th.



Ron Polito gave our joke for the day.

Paralympian Dennis Ogbe defying paralysis

Dennis Ogbe grips the discus in his right hand. He swings his arm and twists at the waist as far to the right as he can. With one move he snaps back, letting the saucer fly. Upper-body strength is important for any discus thrower, but for Ogbe, a Paralympian, it's everything.

At age three, Ogbe contracted malaria, and while receiving treatment at a clinic near his home in rural Nigeria, he became infected with the poliovirus. Paralyzed from the waist down, he was sent home in the arms of his mother.

He credits his physical rehabilitation to a harsh form of therapy – the taunts of the other children in his village. After taking his crutches away, kids would dare him to take several steps forward before they would allow Ogbe to join in a game of soccer with them. Eventually, his right leg became stronger and he could walk without a wheelchair or crutches, but his left leg remained

Ogbe, cont'd on page 4



For Paralympian Dennis Ogbe, upper-body strength means everything after losing use of his left leg because of Polio.

paralyzed.

Ogbe, now a U.S. citizen, has made a name for himself in the international Paralympic community and holds the American records for discus and shot put. While competing, he earned a bachelor's degree and an MBA from Bellarmine University in Louisville, Ky. Today he serves as an advocate for polio eradication and as an ambassador for the United Nations Foundation's Shot@Life campaign to promote childhood immunizations. He spoke at Rotary's World Polio Day: Making History event on 24 October in Chicago, which is where we caught up with him.

"Whatever I do in this life, I hope and pray that it is going to inspire people," he says. "I hope it challenges them: 'If Dennis can do it, I can do it.'"

THE ROTARIAN: What challenges did you face growing up with polio?

OGBE: In Nigeria, people with disabilities are often cast away or encouraged to be beggars. Polio was evident everywhere, at the bus stops and on the streets. But my father wanted me to have a better life. He told me that he would not see one of his children on the streets, left to beg. He realized that an education would be my saving grace.

Most people don't think of school. In Nigeria, it's often survival of the fittest. My father believed that in any disability, there's always an ability. And he gave me the opportunity to figure out what mine was.

Ogbe, cont'd on page 5

Rotary Club of Ventura-East

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info@RotaryVenturaEast.org

Clubs Nearby ...

Ventura-South	12:00 pm	Monday
		Wedgewood Banquet Center
Santa Paula	12:00 pm	Monday
		The Glen Tavern Inn
Ojai West	7:00 am	Tuesday
		Soule Park GC
Camarillo Breakfast	7:00 am	Tuesday
		Spanish Hills GC
Oxnard	12:10 pm	Tuesday
		Courtyard by Marriott
Fillmore Sunrisers	6:45 am	Wednesday
		Varies, go to their website
Ventura	12:00 pm	Wednesday
		The Derby Club
Camarillo	12:00 pm	Wednesday
		Camarillo Center for Spiritual Living
Oxnard Sunrise	7:30 am	Thursday
		Tomas Cafe
Fillmore	12:05 pm	Thursday
		The Fillmore & Western Train
Ojai	12:00 pm	Friday
		Soule Park GC

Jeff Hata

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Wendy Pazen

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801 South Victoria Avenue
Ventura, CA 93003
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Fax: 805/650-2024



TR: What was it that drew you to athletics?

OGBE: When I was in school, I had to push myself to play sports. I tried tennis, high-jump, and basketball, but I walked with a big limp, making it difficult. At the time, the only sports available for people with disabilities were shot put, javelin, power-lifting, and track. I couldn't participate in track because I couldn't afford a better wheelchair. So I found heavy spare rods at auto shops and began to practice throwing.

Eventually I began competing. I ended up throwing for Nigeria at the 2000 Paralympic Games in Sydney, Australia. There I met an assistant track and field coach for the USA. He must have seen something in me, because I was offered a partial sports scholarship to Bellarmine University, where I competed against able-bodied athletes.

When I wasn't studying or training, I was working five jobs to pay tuition. If I look at my life without sports, I wouldn't be where I am today. The competitiveness in sports was the push I needed from the very beginning when I contracted polio. It gave me a goal to work toward. It was the mentality of "I can do more" that brought me to where I am today.

TR: How does this competitive mentality help you in your work fighting polio?

OGBE: My father always told me that it's not how one starts that matters, it's how one finishes. The end is still a hundred miles away, but I know one thing: When I am crossing that finish line, I want to be holding hands with the people who have helped me in my life. There have been many people who have gone out of their way to help me get to where I am today, and I owe it to them to finish strong. That's how I feel about polio. It's been a long fight, but we have many friends. I know if we continue to give it our best shot, we will finish this race on top.

Megan Ferringer

Adapted from a story in the April 2014 issue of The Rotarian
14-Apr-2014

"I have six locks on my door all in a row. When I go out, I lock every other one. I figure no matter how long somebody stands there picking the locks, they are always locking three."
- Elayne Boosler

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Weekly Raffle

Our raffle prize this week was \$50 cash donated by President Tim Hughes.

Our lucky winner today was Tom Swan.

Midge announced that we have raised \$180 this week which will go towards scholarships this spring.

Congratulations to Tom and thank you to President Tim for your generous donation.



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Moving doctor's office rescues women from breast cancer



Maryland, USA, Rotary members Christopher Puttock and Rachel Blair (left), pay a visit to the Mammobus last year to check on the project's status. With them are Dr. K.N. Srinivasan (far right) and Mrs. Vijayalakshmi, who coordinates the bus's schedule for the K Shantha Breast Cancer Foundation.


Photo Credit: Courtesy of Rotary Club of Srirangam

In Tamil Nadu, India, two doctors, both members of the Rotary Club of Srirangam, discovered an alarming trend in the remote city outskirts of Trichy, women dying of breast cancer.

Drs. K. Govindaraj and K.N. Srinivasan knew that much of the death and suffering could be avoided, and both were motivated by their personal experiences with the disease. Govindaraj watched his mother die of breast cancer a decade earlier, and helped found the Dr. K. Shantha Breast Cancer Foundation in her memory. Srinivasan, an oncologist, witnessed unprecedented growth in the number of younger patients coming to his clinic with advanced stages of the disease.

According to the National Cancer Registry of India, 20 to 40 women per 100,000 are suffering from breast cancer. And because many women lack the resources to travel to the city, or the \$50 fee for proper screening, the doctors needed a unique approach. During a trip to South Korea, Govindaraj saw a large van outfitted with X-ray equipment parked outside a mall, and thought a moving doctor's office and lab -- or "mammobus" -- could overcome the challenges they faced.

Through a Rotary global grant, the men were able to buy and outfit their cancer, cont'd on page 8




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Rotary Club of Ventura-East, Membership List 100% Paul Harris Fellow Club

District 5240

Chartered May 23, 1963

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Anderson, David	Architecture	Pazen, Robert L., O.D.	Optometry
Beckwith, Robert E.	Office Equipment	Pazen, Wendy	Office Management
Borneman, John	Songleading	Polito, Ron	Commercial Real Estate
Canton, Rafael, M.D.	Psychiatry	Ponce De Leon, Augie	Honorary Member
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Clune, Harriet	Real Estate Management	Shannon, Laura	Wholesale Pet Supply
Corliss, Andrew	Broadcasting	Shilton, Thomas E.	Pharmacy
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Emch, James H., C.P.A.	General Accounting	Stewart, Richard E.	Banking, Real Estate Loans
Gallagher, Devere L. (Pete)	Automobile Servicing	Stork, Midge, CFP, CSPG	Financial Planning, Investments
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Hoag, Will	Honorary Member		
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Norman, Richard M.	Trial Law		
Norstedt, Chris	Honorary Member		

own bus. Since April 2012 the Shantha Foundation's mammobus, supported by local Rotarians and the Rotary Club of Rockville, Maryland, USA, has administered 2,500 free breast cancer screenings. Early stage cancer has been detected and treated in six women, and thousands have been taught how to conduct regular self-exams, an important means of early detection.

"Women have started feeling that they have easy access to health without compromising their day-to-day work and earnings," Srinivasan says. "Women come out to our health workers with their health-related problems and discuss freely about various aspects of health and diseases, not just about breast cancer."

The mammobus cost \$34,000 and is equipped with a mammography machine, an ultrasonogram, and materials that teach the method and importance of self-exams. The Shantha Foundation maintains the vehicle and reaches out to nongovernmental organizations, women's groups, and employers to arrange visits. The bus stops anywhere a large group of women congregate, with priority given to rural areas. The Srirangam club also helps line up visits and widely promotes the bus through various media.

"More and more clubs and NGOs want to participate and are booking the mammobus well in advance," says Srinivasan. "We are already booked until the end of May."

Govindaraj says if something is detected during screening, the woman is given the choice to get a biopsy at the Shantha Foundation's affiliated hospital, or to have the foundation arrange a biopsy with a local radiologist.

If a biopsy proves malignant, the woman is advised to undergo treatment in a hospital in her own city or, if willing, to receive treatment at the Shantha Foundation hospital. Either way, the procedure is covered by government insurance. The foundation provides follow-up support and counseling for patients and families.

Dr. Chenguttai Dheenani, a retired surgeon and member of the Rotary Club of Rockville, Maryland, USA, became involved in the project after he met a member from Tamil Nadu at Rotary's international convention. In addition to convincing his club to support the project, Dheenani, a lifelong member of the American Tamil Medical Association, secured a \$5,000 donation from the association.

"In many cases, this will be the first doctor these women have seen," says Dheenani. "This venture is bringing life-saving detection right to their doorsteps."

Rotary members have also been lining up volunteers to ride on the bus and talk to the women about HIV/AIDS awareness and other health issues.

Meanwhile, the doctors have been gathering medical data that will benefit universities in India and other countries, data that up to this point had not been available.

"I wish and pray for many more mammobuses in our country," says Srinivasan. "Healthy women are the backbone of a community."

Arnold R. Grahl
Rotary News
11-Apr-2014